Made in Hackney (MIH) Year In Review 2016/17

MIH aims to help people lead healthier, happier, more connected, environmentally sustainable lives.

341 classes delivered  
2500 people got involved

MIH makes an impact in the following areas.

**Environment**
- 94% learnt about organic food in the classes and where to buy it
- 86% found out about composting food waste

**Community**
- 93% said the classes helped them feel more connected to their local area
- 87% met new people from their local area

**Health**
- 98% said the class encouraged them to eat more healthily
- 93% now eat less processed food
- 100% were inspired to cook from scratch
- 88% inspired to consume less sugar

Based on data from across MIH classes 1 November 2016 to 31 October 2017. Full impact analysis report available, www.madeinhackney.org