

Community Food Forum –24th April 2018

Handout on Support - Free (or really cheap) Products and Services & How to recruit volunteers

Provider	What	Website	Contact
GENERAL SUPPORT			
Project Dirt	Most active UK Social Network connecting and resourcing community and environmental projects.	http://www.projectdirt.com/forum/	Tel: 07840 320636
Streetbank	Social network to borrow, swap or give away free resources eg. gardening tools, office equipment, car rides, electrical goods, kitchen supplies etc	http://www.streetbank.com/	Search for offered items and contact directly.
NextDoor	Social network for neighbours to connect and share news, views, recommendations and resources.	https://nextdoor.co.uk/	Search for offered items and contact directly.
Freecycle	Online platform offering free furniture, bicycles, electrical goods, kitchen supplies, office and garden equipment etc	http://uk.freecycle.org/	Search for offered items and contact directly.
Gumtree	Online platform to buy and sell goods eg. electrical, kitchen, office equipment – also has a free section.	http://www.gumtree.com/	Search for offered items and contact directly.
Compost Pick Up	Pick up large quantities of free compost 24 hours a day (bring your own large bags and a shovel or spade)		alexsmith@alara.co.uk Alara Wholefoods, 110-112 Camley Street, London, N1C 4PF
IT / SOFTWARE			
Google For Non-Profits	Advice on websites, social media and free analytics	https://www.google.com/nonprofits/	A Media Trust service
Canva	Free online design package -can upload stock shots to use on posters etc for cheap	https://www.canva.com/	
Shutter Stock	Free Images	https://www.shutterstock.com/	
UnSplash	Free Images	https://unsplash.com/	
Pixabay	Free Images	https://pixabay.com/	
I Stock Photo	Very cheap stock images online	http://www.istockphoto.com/	
Word Press	Free websites	https://wordpress.com/	
Morgue	Free library of high quality, high resolution photos.	http://morguefile.com/archive	

IT for charities	Recycled IT equipment	http://itforcharities.co.uk/it-services/recycled-pcs/	
Computers for charities (Microsoft)	The Microsoft giving programme - Refurbished computers for sale at a reduced cost and free software	ukgiving@microsoft.com http://www.computersforcharities.org/	01323 840641
CITA IT Help For Charities	IT support offered from volunteer IT professionals.	https://charityithelp.org.uk/	info@it4communities.org.uk 020 7796 2144
SKILLS and TRAINING			
Echo	Echo – trading in time and skills (not money) – eg. workshop to learn how to use instagram	https://economyofhours.com/	
FSI	Free Training for charities in fundraising, evaluation, social media etc	http://www.thefsi.org/	020 7009 3543 info@thefsi.org
Media Trust	Free advice for non profits from Media/PR professionals	https://mediatrust.org/communications-support/access-media-volunteers/how-to-recruit-a-media-volunteer/	020 7871 5600
Pimp My Cause	Pimp My Cause brings together thousands of charities and social enterprises with professional marketers including innovators, strategists, advertisers, graphic designers, web developers, PR specialists and researchers who can provide transformational support pro bono.	https://www.pimpmycause.org/	
Future Learn	Free courses on a range of subjects eg community journalism course, and food security. They are a mix of video, articles, discussions and quiz's which makes the learning easy.	https://www.futurelearn.com/	
Pilot Light	Free business planning support for non profits	http://www.pilotlight.org.uk/	
Inspire to Enterprise	Free business planning support and 'business plan template'	http://www.inspire2enterprise.org/	
The Bulldog Trust	Financial and Advisory assistance to charities – free networking events if you join mailing list	http://bulldogtrust.org/	info@bulldogtrust.org
Big Lunch Extras	Free online resources eg Community Food Projects Guide	http://www.biglunchextras.com/resources/guide-community-food-projects	
Small Charities Coalition	Skills, linking with trustees (speed networking), funding	http://www.smallcharities.org.uk/	0207 391 4812

		home/	info@smallcharities.org.uk
Young Philanthropy	Encourage young city professionals to form syndicates to fund particular projects / charities. Also provide pro-bono support.	http://youngphilanthropy.org.uk/	
Technology Trust	Charity software donations.	http://www.technology-trust.org/	
Roots HR CIC	Provide pro bono consultancy time to develop the knowledge, skills and competence of the leaders and managers in the social sector.	http://www.rootshr.org.uk/about/social-impact	
Legal Guides	Law Firm DLA Piper have provided a series of free downloadable Legal Help Sheets. Eg. Template employment contracts, how to choose which legal structure is right for your project.	https://unltd.org.uk/legal-help-guides/	
LawWorks	Free advice for non profits from lawyers	https://www.lawworks.org.uk/legal-advice-not-profits	
Trust law	TrustLaw connects charities and social enterprises with legal teams offering free legal Assistance.	http://www.trust.org/trustlaw/	
I Pro Bono	Free advice for non profits from lawyers	https://www.i-probono.com/about-us	
Cranfield Trust	Launched in March 2017, STRIVE is a support programme for our grantees which is being delivered by theCranfield Trust. STRIVE provides independent, confidential business advice and guidance to City Bridge Trust grant holders whose primary purpose is addressing the issues of poverty, disability or social exclusion. You would be linked up with an experienced volunteer consultant who will work with you on the agreed area of support. These may include: <ul style="list-style-type: none"> • Business or strategic planning • Marketing • HR • Finance • Governance 	https://www.citybridgetrust.org.uk/learning-resources/useful-advice-links/strive-programme/	
Enterprise Nation	Hold Events on small business accounting. Offer a marketplace and peer support platform as well as a panel of experts to pose	https://www.enterprisenation.com/	

	questions to. Basic membership is £30 which provides discounted entry to their events.		
British Library Business and IP Centre	Free resources on setting up a business and regular talks from experts	http://www.bl.uk/bipc/	
MentorsMe	Free business mentoring	http://www.mentorsme.co.uk/	
Aspire Foundation	Free business mentoring for women	http://www.theaspirefoundation.org/mentees	
VOLUNTEERS			
Project Dirt	Most active UK Social Network connecting and resourcing community and environmental projects.	http://www.projectdirt.com/forum/	Facility to post your volunteer opportunity
TimeBank	Recruit and train volunteers to deliver mentoring for charities. Also work with businesses to engage their staff in volunteering.	http://timebank.org.uk/	
Charity Job	Free online promotion of your volunteering opportunity	www.charityjob.co.uk/	
Do It	Free online promotion of your volunteering opportunity	https://do-it.org/	
REACH	Reach Volunteering connects people, skills and good causes. A skills-based volunteering charity and the single biggest source of trustees in the UK. Help charities with volunteer and trustee recruitment.	https://reachvolunteering.org.uk	
Universities	Academic Institutions with students looking for career building intern opportunities in the community sector	Various One example: http://enactus.org/who-we-are/universities/	Contact Careers Departments
Social Impact Internship Scheme	Apply for a High-calibre student to work with your project for 4 and 8 weeks over the summer	http://www.studenthubs.org/placements/	
Permablitz	A group of volunteers can create or develop a community or household edible, wildlife-friendly garden.	http://www.permablitzlondon.com/	Contact through website
Good Gym	A community of volunteer runners that combines getting fit with doing good.	https://www.goodgym.org/	
Local Volunteer Centres	Volunteer Centres are local organisations that provide support and expertise within the local community, to potential volunteers, existing volunteers and organisations that involve volunteers.	https://www.ncvo.org.uk/ncvo-volunteering/find-a-volunteer-centre	

NETWORKS			
London Food Link	Runs campaigns and initiatives to help create a healthy and sustainable food system for all, and helps join-the-dots between growers, producers, cooks, sellers and consumers – regular e mails promote volunteering opportunities	http://www.sustainweb.org/londonfoodlink/membership/	Run by charity Sustain – contact directly
Capital Growth	London's food growing network. The campaign is run by London Food Link. Lots of networking events.	http://www.capitalgrowth.org/	
Social Enterprise UK	The UK body for social enterprise - business with a social or environmental mission.	http://www.socialenterprise.org.uk	
NCVO	Practical support network for non profits - practical how-to guides to video training courses or bespoke advice	https://www.ncvo.org.uk/practical-support	
Know How Non Profit	Knowledge and e-learning for charities, social enterprises and community groups	http://knowhownonprofit.org/	
MEETING ROOMS			
DM Thomas Foundation for Young People	Discounted meeting space daytime or evening in Hilton Hotels around the UK for up to 8 people Including tea/coffee/biscuits £30 + VAT depending on location Subject to availability. They also provide room vouchers as raffle prizes	https://dmthomasfoundation.org/	179-199 Holland Park Avenue, London W11 4UL Tel: 0207 605 7671
FURNITURE/DIY/ OFFICE/ EQUIPMENT			
Globe Chain	Charity & social enterprises collect or list unwanted items to reuse, resell or recycle	https://www.globechain.com/	
Green Furniture Aid	Provides charities with free used recycled office furniture. Furniture can be collected from warehouse facilities in London, Manchester, Sheffield, Worksop.	http://www.greenfurniture.org.uk	0114 243 7079 info@greenfurniture.org.uk
Warp It	A network where organisations keep their equipment, assets and resources 'circulating' to reduce spend, waste and supply chain environmental impacts. Eg. furniture, office and kitchen equipment, appliances.	https://www.warp-it.co.uk/	01913080309